

**Presenter:** Have you ever wanted to play with a toy? A really fun toy, a really special toy, a really cool toy, but guess what? Your friend wanted to play with the exact same fun, special, cool toy. What would you do? Would you play together with the toy? Would you take turns with the toy?

**Elliot:** Your turn.

**Cowy:** Thanks.

**Presenter:** Or would you eat the toy?

**Elliot:** What in the world?

**Cowy:** What in the world?

**Elliot:** Eat the toy?

**Cowy:** Eat the toy?

**Presenter:** Welcome to Storytime by Lingokids, where we discover fascinating facts about the world around us, and the fun of play learning. Today we will hear a story about what happens when Cowy, and Elliot both want to play with the same toy. Let's see what's in this toy box. Oh, look, a puzzle of a cupcake.

**Elliot:** A cupcake? I want it.

**Cowy:** No, Elliot. It's a puzzle and it's my toy.

**Elliot:** But it looks like a real cupcake and I'm really hungry for a cupcake.

**Presenter:** Uh-oh, Cowy, Elliot looks like you both want to play with the same cupcake puzzle. Lingokids listeners, think about what you would do if both you, and a friend wanted to play with the same toy.

Let's check in now to see how Cowy and Elliot are handling this conflict. A conflict is when you want something to happen one way, and someone else wants something to happen a different way.

**Cowy:** I've got it first so it's mine.

**Elliot:** But I want a cupcake, so it's mine.

**Presenter:** I don't really want to take sides here, but you two aren't showing good examples. Elliot, the puzzle is not for eating, and Cowy, what do you mean you got it first?

**Cowy:** It's mine, mine, mine, mine, mine. Give it to me.

**Presenter:** How do you think Cowy and Elliot are feeling? I think they are feeling frustrated, and no wonder, it's hard to deal with conflict. While it's okay to feel frustrated or angry, it's much easier to handle conflict when we calm down. Lingokids listeners, can you think of some ways to calm down when you feel angry?

### **Clock ticking**

**Presenter:** I bet you came up with some good ideas. Maybe one of those ideas was taking a few deep breaths. Will you practice with me? Cowy, Elliot, shall we try to take deep breaths?

**Cowy:** Okay. I guess.

**Elliot:** Okay.

**Presenter:** Lingokids listeners, will you practice some deep breaths with us? Even if you're not angry, it's good to practice deep breaths. Ready? Let's take three deep breaths. One. [inhales] [exhales] Two. [inhales] [exhales] Three. [inhales] [exhales] Thank you. That was wonderful. When we take some deep breaths it calms down our body and helps us get into our thinking heads. Cowy and Elliot, how are you feeling now?

**Cowy:** I'm a bit better.

**Elliot:** I'm hungry for a cupcake.

**Presenter:** Now, does anyone have an idea of how to solve this conflict? That's a good idea, Billy. Perhaps you can both take turns with the cupcake puzzle, and since Elliot really wants a cupcake, how about we bake cupcakes together?

**Cowy:** Oh, I haven't thought of that.

**Presenter:** Elliot, what do you think about that idea?

**Elliot:** Yay. Baking is fun, and I love cupcakes.

**Presenter:** Elliot, do you want to put the icing on the cupcakes?

**Elliot:** Yes. Lots of icing.

**Presenter:** Cowy, how is taking turns working out?

**Cowy:** Good.

**Presenter:** Cowy, is the cupcake puzzle almost done?

**Cowy:** We're almost done with the cupcake puzzle, but there seems to be a piece missing. Elliot, are you making a puzzle again?

**Elliot:** Cupcakes.

**Coww:** [chuckles]

**Presenter:** Thank you Lingokids listeners for listening. I hope you enjoyed that story and learned a thing, or two about conflict, and how to calm down when you were feeling angry or frustrated. Maybe you can practice some deep breathing the next time you feel angry. Then talk with your parents about ways to handle conflict. If you are ready for interactive play learning time, explore our Lingokids app.

It offers fun and educational songs and games to help kids ages two, and older learn and develop important skills such as communication, collaboration, critical thinking, and creativity. That's the power of play learning. See you in our next episode.