Kids: Lingokids.

Teacher: Is everyone ready to start the experiment?

[Billy chirping]

Teacher: Billy says he's ready. Lisa?

Lisa: Yes. Elliot?

Elliot: Sure I am.

Lisa: Cowy?

Cowy: I think so. We've got to walk around with an egg?

Teacher: Not just walk around with it, but take care of it for a whole day.

Cowy: The whole day?

**Teacher:** That's right. Everyone who is able to make it the whole day without their egg cracking gets a prize.

Kids: Yay.

**Teacher:** Welcome to *Stories for Kids* by Lingokids, where we discover fascinating facts about the world around us and the fun of Playlearning. Today, we're learning about regret. Regret is when you wish you'd done something differently. Let's see how the challenge goes. Remember everyone, you only get one egg, so take good care of it. Lisa, here is your egg.

Lisa: I'm excited to see what the prize will be.

Teacher: Billy, here is yours.

[Billy Chirping]

**Teacher:** Billy says he is a bird, so he'll be great at protecting eggs. Elliot, your egg.

Elliot: I am going to take good care of this little egg.

Teacher: Last but not least, here's your egg, Cowy.

Cowy: Okay, thanks. All right, everyone, who wants to go play?

Elliot: Cowy, aren't you forgetting something?

Lisa: You just left your egg behind.

Cowy: Oh. Got it.

[Billy Chirping]

Teacher: Billy is reminding you that you only get one egg, so you should be careful

with it. How about you, Lingokids listeners? Do you think everyone will take good care of their eggs? Let's find out how the experiment goes. It looks like everyone is building something. Let's check in on Lisa.

**Lisa:** I am building this egg carrier out of popsicle sticks and elastics. It's going to attach in front of me so I can walk around without breaking it.

Teacher: Wow. Great idea, Lisa. Let's check in on Billy now.

Elliot: What was that?

[Billy chirping]

**Robot:** Billy says that I am the egg-holding robot that he built. I am programmed to keep this egg safe.

**Teacher:** Wow. Amazing work, Billy. Elliot, I see you're doing something to protect your egg, too.

**Elliot:** That's right. I'm building a little nest for my egg. That way, I can watch over it while it's nice and safe.

Teacher: Great. How about you, Cowy? How are you going to protect your egg?

**Cowy:** I don't know yet, but I like to go to the swings, so I'll just put it in my backpack. That way, I don't have to worry about it.

Elliot: I don't think that's a very safe place for an egg, Cowy.

**Cowy:** Don't worry, Elliot. The egg will be fine. I want to go play.

**Elliot:** Cowy, I really don't think this is a good idea. You're going to regret it if your egg breaks. Everyone will get a treat, except you.

**Cowy:** If it breaks, I'll just ask for another one. Going to the swings now, bye.

Elliot: Cowy?

**Teacher:** How about you, Lingokids listeners? Do you think this was a responsible thing to do?

**Cowy:** Swing time, swing time. Oops. Looks like my egg broke. Elliot was right. Well, I'd better go ask for a new one. My egg cracked. Could I please have another one so I can try it again?

Teacher: Sorry, Cowy, the rule was that everyone would only get one egg.

**Cowy:** Can I please try again?

Teacher: I'm afraid we don't have any more eggs, Cowy.

**Cowy:** I wasn't very careful with mine but now, I wish I was.

Teacher: Why do you think you're feeling that way now?

**Cowy:** I just thought I could get another egg. Everyone else knew they'd only get one egg and they are taking good care of it. I wish I had taken good care of my egg.

Teacher: I understand, Cowy. I think you're feeling a bit of regret.

Cowy: Regret?

**Teacher:** That means you wish you had done something differently. It's not a very good feeling, is it?

Cowy: It's not.

**Teacher:** The truth is that some things are fixable, but other things, like your egg, can't be fixed. It's important to try to be careful the first time around. Then, perhaps, you won't end up feeling regretful later.

**Cowy:** You're right. My friends were careful from the beginning. Now, I wish I had been, too.

**Teacher:** There is one thing you could try.

Cowy: A new egg?

**Teacher:** No, sorry, Cowy. You could try asking one of your friends if they'd let you help out with their egg.

Cowy: Oh, good idea.

Teacher: Cowy?

Cowy: Yes?

**Teacher:** That might be harder than you think.

Cowy: Hey, Lisa, do you think I could help you take care of your egg?

Lisa: Well, what happened to your egg, Cowy?

Cowy: I broke it, but I'm going to be more careful now.

Lisa: I believe you, Cowy. I do, but I think I'm just going to look after mine by myself.

Cowy: Hey, Billy. Do you and your robot need any help with your egg?

[Billy chirping]

**Robot:** Sorry, Cowy, Billy says that we will protect our egg by ourselves.

Cowy: Hi, Elliot.

Elliot: Hi, Cowy. What's wrong?

**Cowy:** I broke my egg, and I don't get another one. Now, no one wants me to help them with theirs, because I wasn't careful with mine.

Elliot: Maybe you can help me with mine.

**Cowy:** Really, Elliot?

**Elliot:** Although I tried to warn you about your egg, I can see you really regret breaking it. It's hard that you can't get another one, but everyone deserves a second chance. You can help me watch over my nest that I build.

Cowy: Yay. Thanks, Elliot.

Teacher: Lingokids listeners, for the rest of the day, anytime Elliot asks.

Elliot: Cowy, could you watch the egg for a bit?

**Cowy:** Sure thing, Elliot.

Teacher: This went on.

**Elliot:** Cowy, I'm just going to grab a drink of water. Could you watch the egg, please?

Cowy: You can count on me, Elliot.

Teacher: All throughout the day, whenever Elliot needed help, Cowy was--

Cowy: Right here to help, Elliot.

**Teacher:** All those who kept their eggs safe got their surprise. Ice cream sandwiches. Lisa got one.

Lisa: So good.

Teacher: Billy got one.

[Billy chirping]

Robot: Billy thanks you for this delicious treat.

Teacher: Elliot got one.

Elliot: Hey, Cowy.

**Cowy:** Yes, Elliot?

Elliot: Want to share this treat with me?

**Teacher:** Lingokids listeners, thanks for learning about regret. We learned that we all make mistakes, but that the best way to avoid feeling regret is to think ahead. We also learned that good friends always deserve a second chance. We'll see you next time.

## [00:08:11] [END OF AUDIO]