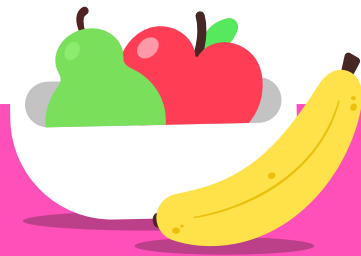


LESSON PLAN: FOOD

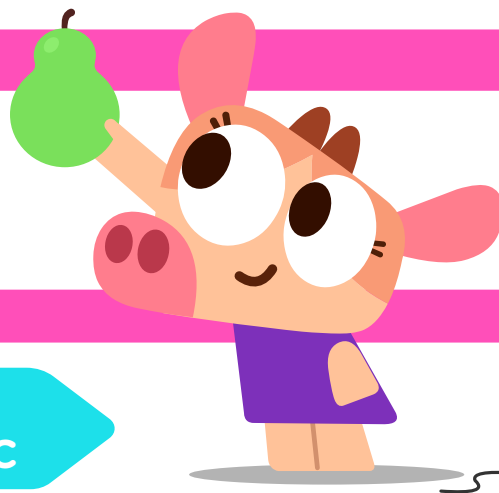


AGE GROUP: Preschool (3-5 years old)

DURATION: 60 minutes

LEARNING OBJECTIVE: Students will learn key words related to food

KEY WORDS: Milk - bread - rice - cheese - meat - fruit

LINGOKIDS' RESOURCES
CONNECTED TO THIS TOPIC

Click the links below to access the resources. They are also available in the app along with other games connected to this lesson's topic. Please note that some resources might be above pre-A1 level, and the songs, and it is up to the teacher to decide which resources would best suit their students' needs. The songs, stories, and videos are complimentary, not necessary for this lesson.

[DRAW AN ICE CREAM](#)

[THE FRUITS](#)

[COOKING WITH LINGOKIDS](#)

[HEALTHY FOOD](#)

[FOOD AROUND THE WORLD](#)

[VEGETABLES](#)



LESSON PLAN

PRESENTATION (15 MINUTES)



- Tell your students you have your family coming over for dinner today, and that you need to go grocery shopping because you don't have anything to prepare dinner for them! Oh no!
- Taking turns, ask your students to tell you one thing you could buy at the supermarket. Draw/sketch the items they tell you, and label them in your mother tongue. In order to ensure the key vocabulary is mentioned, we would suggest you describe it in the students' mother tongue (as if you had forgotten the name of it) and translate it into English once they've figured out what it is that you are referring to.
- Thank your students for their help, and ask them: 'What topic do you think we will be learning about today?' Wait for them to say 'Food'.



GUIDED PRACTICE (20 MINUTES)



- Sit with your students forming a circle.
- Whisper one of the key vocabulary words (milk, bread, rice, cheese, meat, fruit) to the student on your left.
- This student will have to whisper the word to the person on their left and so on.
- The last person to hear the word has to say it out loud and get everyone to remember its meaning. See if the word is the same or if it's changed!
- Show the flashcard to your students and ask them to repeat the word once more so that you can focus on pronunciation.

Change places to give everyone a go and do as many rounds as you need in order to review this lesson's key vocabulary.

ACTIVITY TO ASSESS/ENSURE UNDERSTANDING (20 MINUTES)

For this activity you might want to project the **flashcards** on the board

Ask your students to draw a self portrait 'using' at least 3 key vocabulary words they've learned (milk, bread, rice, cheese, meat, fruit) instead of their face features. For example, they can draw rice eyes, a bread nose, or a cheese mouth...!

If possible, help your students write the names of the three foods they've chosen.

Display the results of your students' portraits and invite everyone to come see it.



TIDY UP (5 MINUTES)

Allow for students to clean up the classroom, put materials away, and get ready for the next class.

EXTENSION ACTIVITIES

THESE ACTIVITIES ARE COMPLEMENTARY TO THIS LESSON PLAN AND WILL HELP YOUR STUDENTS REVIEW THEIR KNOWLEDGE ABOUT THIS SPECIFIC TOPIC.



OBSERVATION

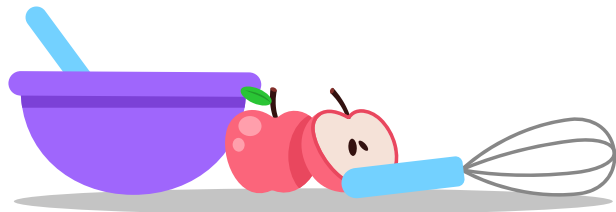
/ spy: There are different variations to play this game. See below our suggestions which can be played individually, in partners, or in small groups. Chose the option that better suits your mood:

Tell your students a word and they have to find it on their 'I spy' boards. The first student that finds it wins.

Set a 3 minute countdown and project it for everyone to see. Students will have the given time to find -and circle- all the pictures linked to this lesson's vocabulary.

Describe a word and by looking at their boards, the students have to guess what you are referring to. The first student to guess the word, wins.

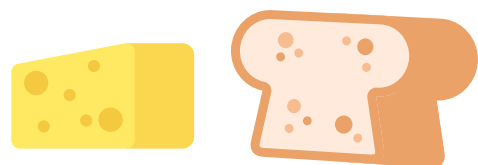
CRAFT



For this activity you will need grapes, and toothpicks.

Divide students into small groups up to 3-5. Explain to your students that you will be building sculptures out of toothpicks and grapes. We suggest you go over some safety recommendations on how to use the toothpicks and what your students are/not allowed to do with them. For example, you might want to let them know that picking each other with toothpicks is not allowed. Provide a bowl full of grapes to each team as well as a box of toothpicks. You can either direct this activity by suggesting shapes and modeling how to get to do them; or you can leave it up to the students to be creative and figure out the endless possibilities this activity has to offer. End this activity by having students display their artwork and then eating it all together!

MOVEMENT



Board rush: For this activity you will need printed [flashcards](#).

Place the [flashcards](#) on the board.

In teams, ask your learners to stand in a line facing the board, a little distance away.

Say a [flashcard](#), learners then run and touch the correct flashcard.